



Using mylife CamAPS FX at school, nursery or when childminding

mylife CamAPS FX is a sophisticated insulin delivery system for people with type 1 diabetes that is easy to use.

- mylife CamAPS FX is an app that continually adjusts the insulin delivery via the mylife YpsoPump insulin pump based on the glucose sensor data it receives.
 - It has to be connected via Bluetooth® to the insulin pump and sensor to work, so the phone with the app needs to stay within six metres of the person.
- People using the system still need to count carbohydrates in meals and snacks and give an insulin bolus, via the mylife CamAPS FX app (ideally 10–15 minutes before eating).
- Please seek individualised advice from the parents and diabetes team of the child/young adult you are supporting.

Online training

- Free online competency-based training for teachers and childcare workers is available here: www.camdiabtraining.com.
- It is recommended that the childminder, carer or teacher completes the “mylife CamAPS FX Training for Schools” to support them to become more familiar with using mylife CamAPS FX.
- This essential training takes on average 30 minutes to undertake and generates a certificate of competency on completion.
- Please contact the person’s diabetes team if you require type 1 diabetes training or further support.



More freedom. More confidence. With mylife.

Virtual training on the mylife CamAPS FX app

- You are able to download the mylife CamAPS FX app from Google Play Store and link it to a virtual pump and CGM to use it in demo mode.
- This will allow you to practice using features like “Boost”, “Ease-off” and the bolus calculator.

Remote monitoring

- Companion remote monitoring: the mylife CamAPS FX app allows user’s data to be shared with up to 10 “companions”. Remote monitoring is incorporated into the app and therefore both, user and “companion”, download the mylife CamAPS FX app to their android smartphones. Companion remote monitoring mirrors the data from the user’s mylife CamAPS FX app. Data is updated every minute (CGM data, insulin data, alerts) or every 5 minutes (other data) in the “companion’s” mylife CamAPS FX app. Internet connectivity is required to share data with “companions”.
- SMS based remote monitoring: the mylife CamAPS FX app supports SMS based remote monitoring. All app-generated alarms and alerts will be sent via SMS message to up to 5 “followers”. Users must have a SIM-Card to allow SMS to be sent from their phone. We advise users to check their mobile plan includes SMS coverage.
- Both, Companion and SMS remote monitoring function, can be made inactive when they are not needed in the Share menu of the child’s / young adult’s mylife CamAPS FX app.



Download the mmol/L app



Download the mg/dL app



rtCGM: real time continuous glucose monitoring

mylife YpsoPump and CamAPS FX are class IIb devices. Only rapid-acting insulin at a concentration of 100 U/ml (insulin analogue) may be used with the mylife YpsoPump system. Always read the label and use only as directed. Consult your healthcare professional to see if these products are right for you.

Disclaimer: The product images are for illustrative purposes only. // mylife and YpsoPump are registered trademarks of Ypsomed AG. // CamAPS is a registered trademark of CamDiab Ltd. // Dexcom and Dexcom G6 are registered trademarks of Dexcom, Inc. in the United States and/or other countries. // FreeStyle, Libre, and related brand marks are marks of Abbott and used with permission. // The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc., and any use of such marks by Ypsomed is under license. // Other trademarks and trade names are those of their respective owners. // mylife Loop with FreeStyle Libre 3 Plus: The innovation described is available in selected countries and expanding to further countries soon. Expansion is contingent upon local regulatory approval.

 For safety information on mentioned products, see Instructions for Use.

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