Setting the Post-meal Alarm (PP2 Alarm)

The PP2 alarm goes off 2 hours after setting the alarm. The alarms ring for 15 seconds and can be silenced by pressing ⏩ or the Ⓢ button or by inserting a test strip.

Step 1 Setting the PP2 Alarm On

Without inserting a test strip, press and hold ⏩ for 3 seconds to set the post-meal alarm. 'PP2', 'alarm' and 'On' will be displayed. The screen will then automatically change to the memory check mode. At this time, 'alarm', indicating that the PP2 alarm has been set, will be displayed on the screen.

Step 2 Setting the PP2 Alarm OFF

To turn off the PP2 alarm, press and hold ⏩ for 3 seconds. 'PP2' and 'OFF' will appear on the screen. Then the screen will change automatically to the memory check mode without the 'alarm' displayed.

'alarm' disappears